

SAN FRANCISCO & NAPA VALLEY

Eat, Drink & be Merry

7 DAYS / 6 NIGHTS

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DAY 1

Welcome to the Golden City

- * Fly into San Francisco. Arrival and Airport reception. A shuttle bus will be booked for 4 hours of arrival with shuttle departing San Francisco International Airport every ninety minutes 11am, 12:30pm, and 2pm.
- * 2:00pm: Walking Tour – Explore the local surroundings with fellow travelers. After dropping bags at the San Francisco Marriott Union Square, guests can take to the streets of San Francisco. With iconic landmarks like Chinatown, the Cable Car Museum, and the Museum of Modern Art just blocks away, kicking the trip off right simply involves donning a pair of comfortable shoes and exploring.
- * Museum of Modern Art just blocks away, kicking the trip off right simply involves donning a pair of comfortable shoes and exploring.
- * Check-in. Guests receive a “Welcome to San Francisco” Package in their room of local treats, mini sunscreen, important itinerary meeting times/places and bottle of wine.
- * Welcome cocktail ‘Meet and Greet’ reception. Assemble in the hotel to meet your fellow travelers before heading off to a luxury dinner cruise by one of San Francisco’s premier dinner cruise operators. Guests will indulge in a delicious 4-course gourmet meal using fresh, local ingredients prepared on board. After dinner, dance to the live band or enjoy the nighttime views of Alcatraz, the Golden Gate Bridge, and the city skyline from the exterior deck.
- * After dinner, you are free to explore the nightlife of San Francisco in the heart of Union Square.



DAY 2

Farm to Table to Mouth

- * Breakfast at Hotel. Check-out and board buses.
- * 10:30am: Bus Trip to Napa Valley / Course Leader Briefing. During the approximate 2-hour bus ride to the Napa Valley region, your Course Leader will introduce you to the history of the region including some of its famous wineries and residents. Equally important, they will preview your culinary cavalcade of experiences: Culinary Institute of America’s famed bootcamp, dinner at CIA’s acclaimed Grove restaurant and your 3D dining experience at Le Petit Chef that we have scheduled.
- * 1:00pm: Sometimes half the fun are the experiences along the way. While most will take the direct route, we prefer the path less traveled. Our plan to is seek out one stop shop on the way to Napa and hit a winery for small bites and a tasting. Rest assured, we’ll do the work and pick a location worthy of our first experience in wine country.
- * Stop at the hotel (Embassy Suites Napa) to check-in, change, and freshen up.

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* 6:00pm: Customized Front and Back of the House experience at The Grove at Copia. Guests will visit one of the Culinary Institute of America's acclaimed restaurants that emphasizes the Farm to Table Movement. The Grove at Copia restaurant offers an expansive outdoor garden and an airy indoor atrium space for guests to enjoy safe, socially-distanced dining in downtown Napa. The prix fixe menu features gardenfresh, seasonal meals prepared by CIA chefs. A great way to kick off your few days in wine country!

DAY 3

Don Your Toque

* Breakfast at the hotel.

* 7:30am: Culinary Institute of America – Mediterranean Cuisine Bootcamp I. Don your chef's jacket and go to work! Under the guided supervision of Chef Instructors from the Culinary Institute of America, guests will learn to cook, bake, and think like a professional chef – all while preparing an amazing lunch in one of the CIA's professional teaching kitchens. Part chef skills development, part confidence building, and a whole lot of flavor, this guided experience is an unforgettable culinary adventure for the senses. Day one of the bootcamp will focus on foods from Italy and Greece; keeping with one of the CIA's focus areas – to promote healthy living through responsible cuisine like that found in the Mediterranean region.

- * Transfer back to hotel to freshen up. After a long day, we've deliberately left this evening open for you to explore on your own or simply kick your feet up and relax.
- * 4:00pm: Absence makes the heart grow fonder – we hear you loud and clear and have budgeted tonight for you to explore downtown Napa at your leisure. Whether your preference is wine tasting to your hearts content or strolling main street in search of the perfect bite, take this opportunity to unearth your own Napa gem.

DAY 4

Napa in 3D

* Breakfast at the hotel.

* 7:30am: Culinary Institute of America – Mediterranean Cuisine Bootcamp II. Back at it bright and early. Now that you know your way around the CIA kitchen, let's see those skills in action. Guests will again take direction from CIA's acclaimed Chef instructors as they collectively develop another amazing themed lunch. Day Two of the CIA Bootcamp will focus on foods from Spain.

* Transfer back to hotel to freshen up.

* 4:00pm: Le Petite Chef: 3D Dining Experience. What's better than world class food that you've prepared under the watchful eye of CIA instructors? How about allowing the CIA chefs to use their creativity and imagination to whisk you back to a time of Marco Polo's exploration of the Silk Road. This six-course masterpiece of cuisine coupled with animation and story telling are truly a one-of-a-kind culinary experience not to be missed. Museum or dinner/drinks at one of the many local eateries in Rhinebeck.



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DAY 5

Back to Frisco

- * (late) Breakfast at the hotel/lazy morning/checkout.
- * 10:30am: Bus Trip back to the City. Get back on the bus, Gus! Say goodbye to Napa Valley and hello again to the big city. After a relaxing morning, we'll travel back to San Francisco for the last two days of our experience.
- * Check back in at the San Francisco Marriott Union Square and grab a quick bite. But don't overeat!
- * 2:00pm: Let's stretch the legs and take a walk across one of America's iconic sites – the historic Golden Gate Bridge. Your Course Leader will bring this history of San Francisco alive during this 1.7 mile meander across one of the Wonders of the Modern World. Make sure you have room for all of the stunning digital photos of the bay and San Francisco's skyline as there is no better view. Back to the hotel to decompress and allow guests to explore the city on their own.

DAY 6

Chef's Table Dinner

- * Breakfast around the hotel.
- * 10:00am: Walking Food Tour of Embarcadero/Ferry Building/Pier 39/Fisherman's Wharf. Guests will put on their comfortable walking shoes and strap on their feedbag – this curated walking tour through the Wharf District will include a lesson in culture and how food has shaped the development of this region of the city. They say you can eat culture – we'll find out but please save room for dinner!
- * Transfer back to hotel to freshen up.
- * 6:00pm: Chef's Table. To round out your experience, we'll arrange a Chef's Table dinner complete with small bites and big flavor. Placing focus squarely on the food and the dining experience, we'll arrange a small gathering where the chef of a gastropub will discuss each dish with guests as they enjoy this culmination to the culinary tour.

DAY 7

Departure

- * Breakfast at the hotel/checkout/depart.
- * Transfer to San Francisco International Airport.
- * Wave goodbye as your plane takes off.



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INCLUSIONS

- * Transportation to and from airport
- * Activities listed in itinerary
- * Daily breakfasts at hotel and select other meals
- * A full-time professional bilingual World Strides Tour Director
- * Hotels as noted, double occupancy
- * Transportation between locations

EXCLUSIONS

- * Travel to and from San Francisco
- * Any activity or meal not specified in itinerary

PRICE (BASED ON DOUBLE OCCUPANCY)

- * \$5,495