



## Alaska Packing List

### HELPFUL PACKING TIPS

- Put your full name on all personal items.
- Dress in layers and have two pairs of socks per day.
- Don't over pack! A common mistake is to take too many clothes, unnecessary toiletries, etc. You must be able to carry your own luggage. Usually one suitcase and a backpack are sufficient.
- Be sure to follow the TSA restrictions on the amount of liquids or gels that can be packed in carry-on bags. You can bring a single 1- quart-sized zip-top clear plastic bag with 3.4-ounce bottles or less.
- Don't forget that WorldStrides doesn't cover checked baggage fees. To avoid these fees, you may bring a carry-on suitcase and a backpack on the plane at no extra cost.
- If traveling by air, adults (18 years and older) must carry a picture ID (driver's license, ID card, passport, etc.) that matches the name on your ticket.

### WHAT TO BRING

- Picture ID (if applicable)
- Sweaters/sweatshirts
- Short and long-sleeved shirts
- Comfortable sneakers or hiking shoes
- Undergarments & socks
- Three pairs of pants for hiking
- Jeans or khakis
- Sleepwear
- Spending money
- Warm hat
- Sunscreen
- Sunglasses with strap
- Camera & charger/batteries
- Toiletries
- Small backpack or daypack
- Plastic water bottle that fits in pack
- Pen or pencil
- Gloves & Scarf
- Headphones (for plane ride)
- Hairdryer
- Phone charger
- 3 gallon-sized bags for wet clothes
- Insect repellent with DEET (wipes are recommended)

### OPTIONAL ITEMS

- Travel alarm clock/watch
- Dramamine pills
- Snacks for plane ride
- Postage stamps for postcards