



***2017 FIL  
Women's  
Lacrosse  
World Cup***

## Sports Travel Experience Designed Especially for Your College Lacrosse Team



# 2017 FIL Women's Lacrosse World Cup

July 9 - July 18, 2017

## ITINERARY OVERVIEW

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- DAY 1 DEPARTURE FROM A MAJOR EAST COAST GATEWAY
- DAY 2 ARRIVE LONDON AREA (8 NIGHTS) - WINDSOR
- DAY 3 LONDON & FIRST INTERNATIONAL FRIENDLY
- DAY 4 SECOND INTERNATIONAL FRIENDLY & LONDON
- DAY 5 STONEHENGE, SALISBURY & OPENING CEREMONIES
- DAY 6 LONDON & WOMEN'S LACROSSE WORLD CUP
- DAY 7 GLOBAL AMBASSADORS & WOMEN'S LACROSSE WORLD CUP
- DAY 8 LONDON & WOMEN'S LACROSSE WORLD CUP
- DAY 9 THIRD INTERNATIONAL FRIENDLY & LONDON
- DAY 10 DEPARTURE FROM LONDON

## ITINERARY

The Federation of International Lacrosse (FIL) Women's Lacrosse World Cup is the World Class event within the International lacrosse calendar. A true spectacle of elite athleticism, the highest quality of lacrosse is displayed over a 9 day period. The FIL Women's Lacrosse World Cup will be hosted at Surrey Sports Park in Guildford, England between July 13th and 22nd, 2017. In 2013, Team USA defeated Canada 19-5 to win the gold medal.

Educational Tour/Visit	Cultural Experience	Festival/Performance/Workshop	Tour Services
Recreational Activity	LEAP Enrichment	Match/Training Session	



### DAY 1 Sunday, 09 July 2017

- Relax and enjoy our scheduled flight from your major east coast gateway to London.

### DAY 2 Monday, 10 July 2017

- Our 24-hour Tour Director will meet us at the airport and remain with us until our final airport departure.
- We will have use of a private coach and driver while in England. The bus will be available for all transfers, excursions and required sightseeing content.
- Visit Windsor Castle, the world's largest inhabited castle, and one of the official royal residences of the British monarch. Our visit will include the richly decorated State Apartments and St. George's Chapel, a pantheon of English monarchs.
- London is the largest city in Europe: quite a feat, considering its location on a relatively small island. London's location is perfect for an administrative, communications and trade center, as the Romans realized when they founded their city in AD 43. London is filled with countless historic and cultural treasures that meld seamlessly in this exciting, contemporary city.
- Our base for the next 8 nights will be in the greater London area. While here, breakfast and dinner will be included at the hotel restaurant.
- We begin with a welcome meeting and orientation. Afterwards, enjoy free time to unpack and explore the area around the hotel.
- Tonight we will have dinner in the hotel restaurant.
- TRAINING SESSION**  
We will participate in a Training Session at a local field. The training session will be led by your own coaching staff and are designed to prepare the team for upcoming friendly games. (Training sessions may be in the morning, afternoon or evening and will be determined by the final hotel location, field availability, and the schedule of activities for the day).
- This evening we will have free time for social activities.

### DAY 3 Tuesday, 11 July 2017

- This morning we will enjoy breakfast at the hotel.
- Today we will travel into central London.
- We will enjoy an introductory tour of London on our private bus and on foot. We will see St. Paul's Cathedral, the Tower of London, Tower Bridge, Westminster Abbey, the Houses of Parliament, Big Ben, Trafalgar Square, St. James's Park and Buckingham Palace.
- We will have some free time to explore or shop in London. Our tour director will be available to assist us with our plans and make suggestions.



**DAY 3 Tuesday, 11 July 2017**



**FIRST INTERNATIONAL FRIENDLY**

We will play a Friendly Game against a local club or international team. The team will meet and compete against athletes of similar ages and skill levels, and have the opportunity to make friends for life. (The teams you will play will be selected after time of booking and will be based on the specific skill level and requirements of your team. We have contacts at every level and take great pride in finding the perfect fit for each friendly game).



After our game, we will enjoy social time with our fellow competitors. This will be an excellent opportunity to meet new people from around the globe and make international friends for life.



Tonight we will have dinner in the hotel restaurant.



This evening we will have free time for social activities.



**DAY 4 Wednesday, 12 July 2017**



This morning we will enjoy breakfast at the hotel.



**SECOND INTERNATIONAL FRIENDLY**

We will play a Friendly Game against a local club or school team. The team will meet and compete against athletes of similar ages and skill levels, and have the opportunity to make friends for life. (The teams you will play will be selected after time of booking and will be based on the specific skill level and requirements of your team. We have contacts at every level and take great pride in finding the perfect fit for each friendly game).



We will return to central London.



The remainder of the day will be free to explore or shop in London. Our tour director will be available to assist us with our plans and make suggestions. London features many world-class attractions and many of the top museums are free of charge, including the British Museum, the Victoria & Albert Museum, the National Gallery, and the Museum of Natural History. Literary lovers may wish to visit Shakespeare's Globe Theatre or the Charles Dickens Museum. History buffs may want to explore the Churchill War Rooms or the Imperial War Museum. The shopping is top-of-the-line and Carnaby Street, Oxford Street and Regent Street are excellent options.



Tonight we will have dinner in the hotel restaurant.



This evening we will have free time for social activities.



**DAY 5 Thursday, 13 July 2017**



This morning we will enjoy breakfast at the hotel.



Today we will take an excursion to Stonehenge and Salisbury.



Visit mysterious Stonehenge, a large circle of stone lintels and megalithic pillars, and one of the most impressive prehistoric monuments in Britain. Constructed approximately 5,000 years ago, Stonehenge symbolizes mystery, power and endurance.



The charming city of Salisbury was founded in the 13th century after the settlement of Old Sarum was abandoned. The surrounding lush fields and rivers were a marked improvement over the former arid hill-top location. Today, Salisbury has largely preserved its medieval, Tudor and Queen Anne architecture, giving the city a delightful elegance.



Visit Salisbury Cathedral, one of the finest medieval cathedral's in Britain. It is well-known for having the tallest spire in the country. Our visit will be highlighted by the cathedral's 13th century octagonal Chapter House, which displays the finest of four surviving original texts of the Magna Carta.



We will have some free time for shopping and exploration in the charming city of Salisbury before we return to our London area hotel.







Tonight we will have dinner in the hotel restaurant.















**DAY 5 Thursday, 13 July 2017**

-  **THE WOMEN'S WORLD LACROSSE CUP**  
2017 will be the third time England plays host to the Federation of International Lacrosse (FIL) Women's Lacrosse World Cup. From humble beginnings, the World event started with just 4 nations competing for the title. England, Australia, Canada and America remain the most competitive teams in the tournament; however with the worldwide growth of lacrosse 2017 will welcome 30 nations and the possibility of a change in status quo. In addition to the main World event, it has become tradition to host a World Festival of Lacrosse for travelling community teams to compete in. The World Cup will feature 30 nations, 600 elite athletes, 15,000 spectators, 300 volunteers, 100 lacrosse officials, 100 festival teams.
-  **THE FEDERATION OF INTERNATIONAL LACROSSE**  
The Federation of International Lacrosse has a vision for lacrosse to be played world-wide and achieve Olympic inclusion. Geographic development of lacrosse has steadily increased over recent years. New lacrosse playing nations include Uganda and Israel. The Federation of International Lacrosse has recently been appointed as a member of SportAccord and included in the International World Games Association.
-  **OPENING CEREMONIES**  
This evening we will attend the Opening Ceremonies of the Federation of International Lacrosse (FIL) Women's Lacrosse World Cup. The opening ceremonies are a celebration of lacrosse across the globe and will be a highlight of the week. The 30 nations will parade around the field proudly sporting their flag and colors, before the oaths and national anthems are sung.
-  This evening we will have free time for social activities.

**DAY 6 Friday, 14 July 2017**

-  This morning we will enjoy breakfast at the hotel.
-  We will journey back into central London this morning.
-  Enjoy a Thames River Cruise, a relaxing way to view many of London's most magnificent sights. Our trip will take us past the Houses of Parliament and Big Ben and under the famous Tower Bridge.
-  Visit the Tower of London, one of Britain's most fascinating and important historical structures. Begun as a fortress by William the Conqueror, the Tower is now primarily associated with the legendary figures imprisoned and executed here over the centuries. Our visit includes the armories, a display of instruments of torture and execution and the breathtaking Crown Jewels Exhibit.
-  **SURREY - WORLD CLASS VENUE**  
Opened in 2010 as part of a Multi-million pound redevelopment of the University of Surrey, the facility has become one of the UK's premier sporting venues with an exceptional track record of hosting high profile events. Surrey Sports Park is committed to bringing world-class athletes to Guildford by hosting international and national events. English Lacrosse has been working closely with SSP on a range of events including Rathbones FIL Women's World Cup. Surrey played an important role during the 2012 Olympic games by hosting 16 Olympic and Paralympic teams for pre-games training teams.
-  **ATTEND LACROSSE WORLD CUP GAMES**  
This afternoon we will have a pass to enjoy the early rounds of the Federation of International Lacrosse (FIL) Women's World Lacrosse Cup. We will have the opportunity to watch world-class lacrosse as the women from 30 nations around the world show off their skill and passion for the game.
-  Tonight we will have dinner in the hotel restaurant.
-  This evening we will have free time for social activities.

**DAY 7 Saturday, 15 July 2017**

-  This morning we will enjoy breakfast at the hotel.
-  **GLOBAL AMBASSADORS THROUGH LACROSSE**  
Our team will have a wonderful and rewarding opportunity to provide a Coaching Clinic for a youth team. We will volunteer our time and expertise to serve as global sports ambassadors and to spread the love of our sport to the youth of another country. This is certain to be one of the most rewarding elements of the trip.



**DAY 7 Saturday, 15 July 2017**



**ATTEND LACROSSE WORLD CUP GAMES**

This afternoon we will have a pass to enjoy the early rounds of the Federation of International Lacrosse (FIL) Women's Lacrosse World Cup. We will have the opportunity to watch world-class lacrosse as the women from 30 nations around the world show off their skill and passion for the game.



Tonight we will have dinner in the hotel restaurant.



**ATTEND A PROFESSIONAL SOCCER GAME**

We will attend a professional soccer match featuring teams from the top leagues. Seeing the top talent in the world in person would itself be an unforgettable experience, but add the passionate crowds signing, cheering and chanting and you will enter an atmosphere that can only be understood through personal experience. An engaging and entertaining atmosphere, along with incredible skill will make attending a match a highlight of any program. (Excel Programs will secure tickets for the group after time of booking and upon release of the official schedule. Due to scheduling your final itinerary may need to adjusted to accommodate attending a match)

**DAY 8 Sunday, 16 July 2017**



This morning we will enjoy breakfast at the hotel.



This morning we will make another trip into central London.



Experience and explore the famous Camden Market. Around 200 stalls jostle for space in the narrow alleyways off Camden High Street/Chalk Farm Road. Originally known as Buck Street Market, shoppers can find club wear, jewelry, fashion accessories, shoes and alternative clothes. Many of the stallholders sell their own jewelry and clothes designs.



**ATTEND LACROSSE WORLD CUP GAMES**

This afternoon we will have a pass to enjoy the early rounds of the Federation of International Lacrosse (FIL) Women's Lacrosse World Cup. We will have the opportunity to watch world-class lacrosse as the women from 30 nations around the world show off their skill and passion for the game.



Tonight we will have dinner in the hotel restaurant.



This evening we will have free time for social activities.

**DAY 9 Monday, 17 July 2017**



This morning we will enjoy breakfast at the hotel.



**THIRD INTERNATIONAL FRIENDLY**

We will play a Friendly Game against a local club or school team. The team will meet and compete against athletes of similar ages and skill levels, and have the opportunity to make friends for life. (The teams you will play will be selected after time of booking and will be based on the specific skill level and requirements of your team. We have contacts at every level and take great pride in finding the perfect fit for each friendly game).



We will take a final trip into London.



**ATTEND LACROSSE WORLD CUP GAMES**

This afternoon we will have a pass to enjoy the early rounds of the Federation of International Lacrosse (FIL) Women's Lacrosse World Cup. We will have the opportunity to watch world-class lacrosse as the women from 30 nations around the world show off their skill and passion for the game.



Others may choose to enjoy some additional free time to shop or sightsee in London.



Tonight we will have dinner in the hotel restaurant.



This evening we will have free time for social activities.



**DAY 10**    **Tuesday, 18 July 2017**

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This morning we will enjoy breakfast at the hotel.



Our rewarding and enjoyable tour comes to an end as our Tour Director accompanies us to the airport on our final day.



## Attend the 2017 Women's Lacrosse World Cup in London

**\*\$3,495 Per Person**

### Tour Prices Guaranteed at Time of Enrollment!

Our Price Guarantee: Once you have accepted this proposal, the dates have been confirmed and WorldStrides online registration portal (or equivalent paperwork) has been made available for your group's tour, the prices shown for the relevant group size level(s) will not change, regardless of any subsequent rate fluctuations (for example, on visits to attractions, airline fuel/taxes or currency movements on overseas programs).

### Tour Price Definitions:

*\* The tour price above is valid for groups' departing from any major east coast gateway, which includes Boston, New York, Newark, Philadelphia, Baltimore, Washington, Charlotte, Atlanta, Orlando, Tampa or Miami*

*\*\* Group's departing from any gateway not mentioned above will be subject to an airfare supplement, which will be based on your specific departure gateway.*

### What is Included:

- Round trip airfare with a major carrier on scheduled flights and guaranteed dates
- All airport taxes and fuel surcharges (which will not change after time of enrollment for any participant)
- Accommodation in a three star hotel in twin (occasional triple) rooms with private facilities guaranteed throughout
- Full breakfast daily at the hotel
- Lunch or dinner daily (determined by the final sporting arrangements)
- A full-time WorldStrides Excel Sports Tour Director to accompany your group 24 hours a day from arrival to departure
- All excursions, cultural activities and (several pre-booked) admissions as per your itinerary
- All sporting arrangements, including matches, training sessions or clinics (as per itinerary)
- World Cup fixture match tickets (as per itinerary)
- Transportation by private coach for airport transfers and touring, except in capital city, where public transport will be used (cost not included) for
- USTOA Extensive Consumer Protection up to \$1,000,000 in coverage for advance deposits through our USTOA membership
- Basic health insurance while on tour (including medical treatment on tour up to \$7,500) and \$50,000 of coverage for emergency evacuation and repatriation
- Manchester United Raffle fundraiser
- One free place in a single room throughout the program (with 20 full paying participants)
- Industry leading Professional Liability Insurance of \$50,000,000 in coverage, which extends to certain individuals acting on behalf of Excel Sports as Coaches and Chaperones

### This Does Not Include:

- Any items not mentioned above or in the detailed itinerary
- Third daily meal or personal beverages with meals
- Laundry services on tour
- Public transport pass in London
- Visas (if required)
- Tips and gratuities for the guide and driver
- Any fees that might be imposed by the airlines at the airport for checked baggage
- Any costs for the hire of, or transport of, equipment or gear
- Single rooms for adults (will be available at a supplement of \$50 per night)
- Travel insurance - We offer and always recommend our Trip Mate travel insurance policy to all participants. This comprehensive policy includes health, property and cancellation coverage at a cost of \$149



## 2017 Grand Prize Raffle Drawing

**Win a four-day trip for two and attend the final 2017 Manchester United home game at Old Trafford Stadium**



### The Winner Will Receive:

- Two round trip flights to Manchester
- Two nights at the 3-Star Willowbank Hotel in Manchester
- Two tickets to see Manchester United's final 2017 season home game at Old Trafford



*"The Manchester trip was an awesome experience that I will never forget. It's been a dream of mine to see a Premier League game so this trip helped that wish come true for me. The atmosphere at the game was awesome and I got to see some great goals from Manchester United. I was also impressed with how accommodating Excel International Sports was while arranging extra days and flights for the trip. Overall, I am so grateful that I got this opportunity to go to Manchester and fulfill one of my dreams!"*  
**Mike Smith, Grand Prize Raffle Winner**

## The Ultimate Fundraiser

WorldStrides Excel Sports is pleased to offer your individual participants or your team with the ultimate fundraiser. Your participants will be able to sell raffle tickets to people in their community or other friends and family members. The money they raise will be theirs to apply towards the cost of the sports tour.

We will provide a PDF of the raffle tickets. The participants will print the tickets at home and then they will proceed to sell the tickets for \$10.00 each. WorldStrides Excel Sports will provide the grand prize and hold a drawing on March 1, 2017 in order to choose a winner.

*"This raffle fundraiser is sending me to Spain to play soccer. When my parents told me I had to pay for the trip myself I was determined I could do it and with the help of this raffle I was able to pay for the entire trip. Thank you so much!"*  
**Sydney Larkin, St. Mary's College Women's Soccer (MD)**

